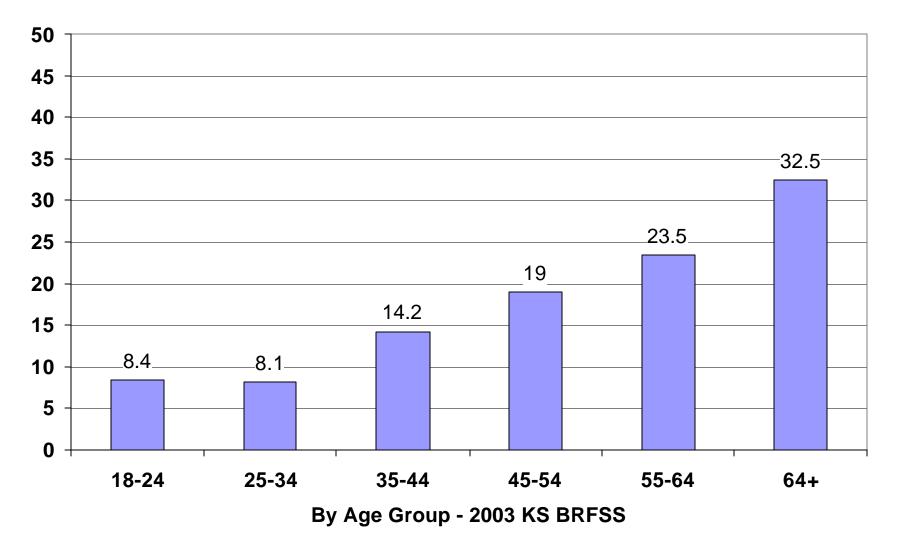
Disability and Secondary Conditions

Dorothy E. Nary, MA & Glen W. White, PhD

Research and Training Center on Independent Living University of Kansas

Disability Prevalence in KS



Disability Prevalence in KS

- Higher among females (19 vs. 16%)
- Varies with race/ethnicity:
 - 19.5% non-Hispanic blacks
 - 17.9% non-Hispanic whites
 - 9.1% Hispanics
- Increases with decreased socioeconomic status
- Does not appear to vary by population density

Healthy People 2010

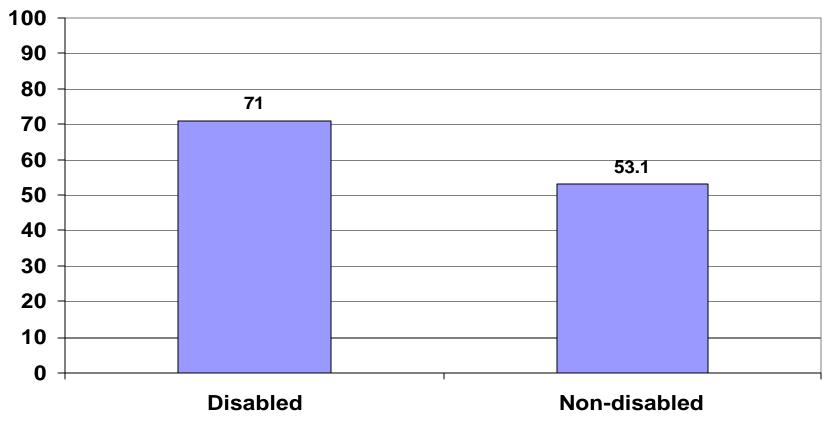
- Chapter 6 focuses on health of people with disabilities, preventing secondary conditions and eliminating disparities
- 13 objectives address mental health issues, employment, surveillance and health promotion programs, mainstream education, community participation
- People with disabilities are represented in 207 objectives that span 21 of the 28 chapters.
 - But data on people with disabilities are available for only 88 of those objectives.

Chapter 6 Developmental Objectives

- 6-10 Increase the proportion of health and wellness and treatment programs and facilities that provide full access for people with disabilities
- 6-11 Reduce the proportion of people with disabilities who report not having the assistive devices and technology needed.
- 6-12 Reduce the proportion of people with disabilities reporting environmental barriers to participation in home, school, work, or community activities.

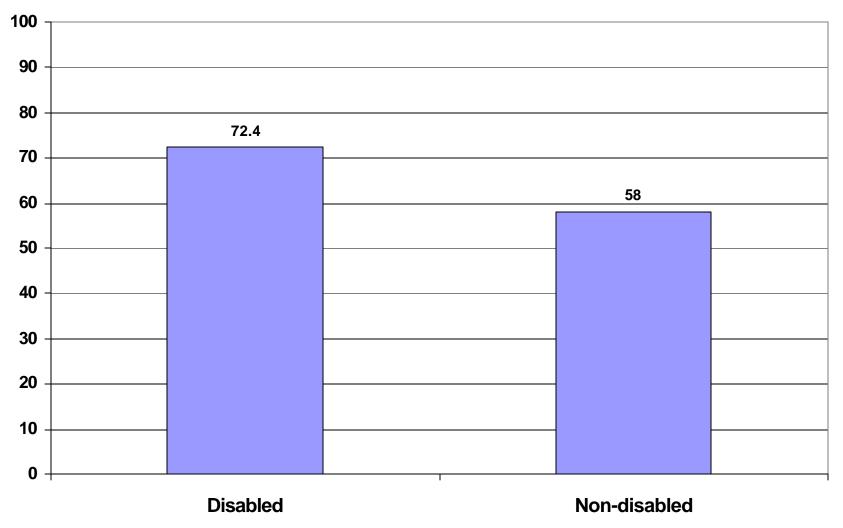
(Baseline data was to be available from the NHIS in 2003.)

Inadequate Physical Activity



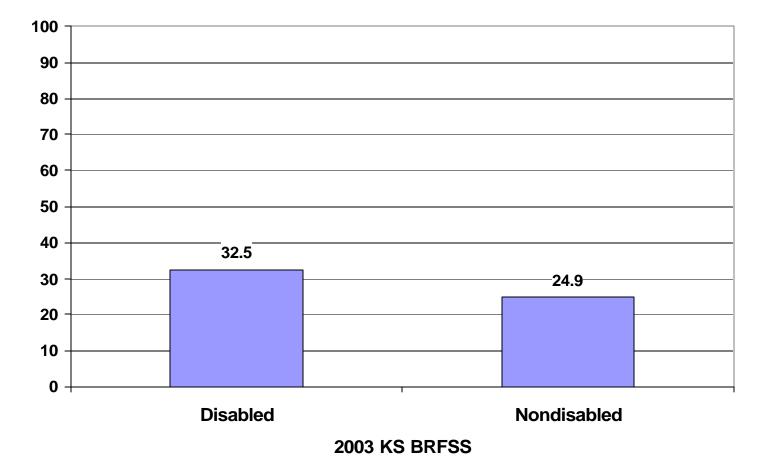
2003 KS BRFSS

Obesity



2003 KS BRFSS

Lack of Access to Oral Health Care



How Are We Addressing Disability and Health Issues in Kansas Now?

- Coalition activities to address injury and violence against people with disabilities
- Award of CDC grant to focus on health of people with disabilities
- Disability and health research conducted at several universities in KS
- Work in progress to train statewide emergency professionals in assisting people with disabilities in disasters

What Are Kansas' Assets For Improving These Health Issues?

- Strong disability advocacy community
- Potential for collaborations between KDHE, universities, and consumer groups
- Existing data can serve as baseline
- Medicaid waivers increase community based services

What are the Barriers or Liabilities That Are Limiting Progress in Kansas?

- Lack of transportation in rural areas can impede access to services and programs
- Lack of adherence to regulations requiring accessible services
- High unemployment rate impacts lack of resources for people with disabilities

Recommendations

- Ongoing disability surveillance to detect trends
- Collaborate with professional associations to increase accessibility of health care services
- Continue to emphasize that people with disabilities can be healthy

- Dot Nary / Glen White
- Research and Training Center on Independent Living
- University of Kansas
- 1000 Sunnyside Avenue, 4089 Dole
- Lawrence, KS 66049
- 785-864-4095
- <u>Dotn@ku.edu</u> or <u>Glen@ku.edu</u>
- www.rtcil.org

Health Is For Everyone!

 "The challenge...is to continue the revolution so that it truly meets the needs of those at the bottom of the disability ladder, not just the "talented 10%." Litvak & Martin, 2000

